



CREATIVE AND EXPRESSIVE ARTS Art and Craft Free hand drawing of pictures of alphabets, Day sky, Night sky. > Colouring in 'Fun with Colours' book. Magic Painting - Night sky Christmas craft Winter season MUSIC AND MOVEMENT > Rhymes from the Rhythmic Rhyme Book > The sun is one > Up in the sky Twinkle Twinkle little star Letter songs Number songs Christmas related rhymes in Hindi and English > Some more songs from you tube HEALTH, HYGIENE AND NUTRITION > Always eat with your mouth closed. Cover your mouth when you sneeze or cough. Dry fruit time / amla candy time. Use a tissue or hanky to wipe your nose. Children will be encouraged to drink tulsi water, hot soup, juice, eat gram, jaggery, amla, chawanprash etc. MORAL VALUES **Empathy and Compassion** > We should share our toys & belongings with others. We should speak politely with everyone. We should help others Reciting of DAV Gaan

